



Serving Suggestion

MULTISEED CONCENTRATE WITH ANCIENT GRAINS RECIPES

CREATE WHOLESOME BREADS, ROLLS AND BLOOMERS CONTAINING A VARIETY OF SEEDS AND ANCIENT GRAINS

ABOUT THE MIX

A blend of premium wheat with varieties of seeds (brown and golden linseeds, sunflower, pumpkin and poppy seeds) and ancient grains (millet, chia seed, amaranth seed and quinoa)

MULTISEED CONCENTRATE WITH ANCIENT GRAINS INGREDIENTS

WHITE SEEDED BREAD AND ROLLS

INGREDIENTS	KG
Vienna Flour (6035-16) OR Sovereign Flour (1870-16)	16.000
Multiseed Conc with Ancient Grains (4304-16)	16.000
Fresh Yeast	960
Water	17.280
TOTAL	50.240

MALTED SEEDED BREAD AND ROLLS

INGREDIENTS	KG
Harvest Sun Flour (4248-16)	16.000
Multiseed Conc with Ancient Grains (4304-16)	16.000
Fresh Yeast	960
Water	16.960
TOTAL	49.920

WHOLEMEAL SEEDED BREAD AND ROLLS

INGREDIENTS	KG
Millers Gold Flour (6205-16)	16.000
Multiseed Conc with Ancient Grains (4304-16)	16.000
Fresh Yeast	960
Water	19.840
TOTAL	52.800

MULTISEED CONCENTRATE WITH ANCIENT GRAINS

MULTISEED CONCENTRATE WITH ANCIENT GRAINS INSTRUCTIONS

Dough temperature: 27°C (80°F)

Mixer type/time:

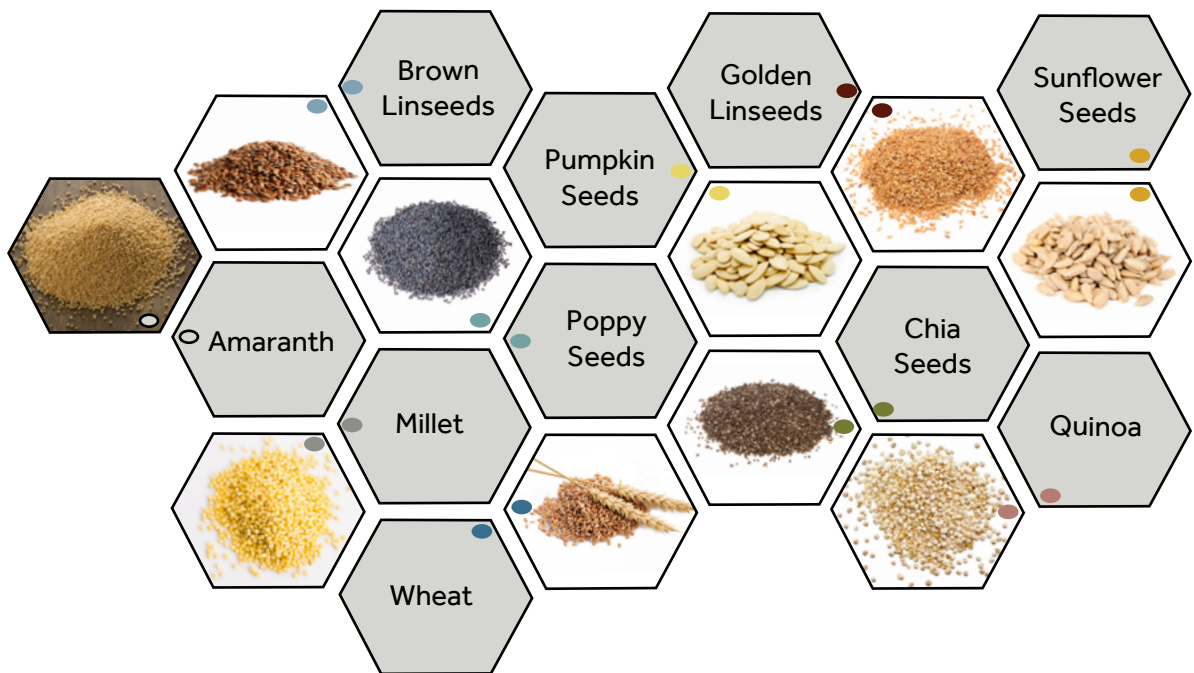
High speed		11w h/kg
Spiral	2-3 minutes	6-8 minutes
Upright	2-3 minutes	10-12 minutes

1. Mix to a normal dough consistency.
2. Scale to required dough weights.
3. Mould round rest covered for 10 -15 minutes.
4. Mould to final shape i.e Bloomer, Cobs, Tins, baguettes as required.
5. Prove, cut and top if required.
6. Bake.

PROVING, TEMPERATURE & BAKING

Proving Temperature:	38°C (100.4°F)
Proving Time:	50-55 minutes approx
RH:	80%
Bake:	230°C (450°F)
Baking Time:	35-40 minutes approx

Top tip: Blend with Harvest Sun Malted Wheat Flour for bread with an additional source of fibre and a wonderfully malty taste and aroma



Serving Suggestions

ARCHER DANIELS MIDLAND COMPANY DISCLAIMS ANY AND ALL WARRANTIES, WHETHER EXPRESS OR IMPLIED, AND SPECIFICALLY DISCLAIMS THE IMPLIED WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, AND NON-INFRINGEMENT. OUR RESPONSIBILITY FOR ANY CLAIM IS LIMITED TO THE PURCHASE PRICE OF MATERIAL PURCHASED FROM US. CUSTOMERS ARE RESPONSIBLE FOR OBTAINING ANY LICENSES OR OTHER RIGHTS THAT MAY BE NECESSARY TO MAKE, USE, OR SELL PRODUCTS CONTAINING OUR INGREDIENTS.